

SPORTS MEDICINE ADVISORY COMMITTEE (SMAC)

Larry Bull, Cherry Creek School District
Chair

CR 7
Report No.

I. MAJOR CHANGES:

A. N/A

II. RATIONALE:

A. N/A

III. FINANCIAL IMPACT:

A. N/A

IV. INFORMATIONAL ITEMS:

- A. Recommendation for mental health awareness through school district taught course or NFHS Learn course.
- B. Recommendation for an increase of 20 minutes of pre-practice time for football that will be allotted for dynamic warm-up and non-contact instructional time. This will not be an extension of currently allowed contact practice time. Football committee will clearly define safety parameters in the football bulletin.
- C. The SMAC strongly encourages the use of the American Academy of Pediatrics Pre-Participation Exam form for all sports physicals.
- D. The committee has been charged to look at practice times for Band & Spirit. Recommendation to use the NFHSLearn Band Safety Course.

V. COMMITTEE MEMBERS:

Larry Bull, Cherry Creek School District Chair; Jenn Roberts-Uhlig, Assistant Commissioner; Jim Lucas, CHSAA President; Darryl Miller, MS, ATC, EMT, CSCS; Chad Smidt, MA, ATC; H. Andy Motz, M.D., Advanced Orthopedics; K. Brooke Pengel, M.D., Rocky Mountain Hospital for Children; Aaron Provance, M.D., Children's Hospital Colorado; Jay Albright, M.D., Children's Hospital Colorado; Jack Spittler, M.D., UC Health; Randy Holmen, Genoa-Hugo School; Dominic DiManna, CATA Liaison; Justin T. Newman, M.D., Advanced Orthopedic; Kevin Clark, Thompson School District; Sue Kirelik, M.D., Rocky Mountain Hospital for Children; Deb Jacobson, M.D., SCL Health