

## GYMNASTICS

Stacey Folmar, Elizabeth High School

Chair

**CR 18**

Report No.

**I. MAJOR CHANGES FROM LAST YEAR'S REPORT:**

A. No Major Changes

**II. RATIONALE:**

A. None

**III. FINANCIAL IMPACT:**

A. None

**IV. DATES:**

	<u>2019</u>	<u>2020</u>
4A, 5A Regionals completed on	November 1-2	October 30-31
4A, 5A State Meet	November 7-9	November 5-7

**V. GIRLS' QUALIFYING FORMAT, 1A-4A SCHOOLS:**

A. 4A Qualifying Standards

Regionals will be seeded on Wednesday, October 30<sup>th</sup> (4<sup>th</sup> Wednesday in October) by a committee made up of members of the gymnastics committee.

Each 4A school will be placed in a 5A region, but compete as a 4A school for team and individual qualification. Regionals will be seeded by a committee made up of members of the gymnastics committee. The seeding criteria will be as follows:

Average of the 3 highest team scores submitted to CHSAA through Saturday October 26<sup>th</sup> (third Saturday in October) will be used for placement in the rotation located under the 5A qualifying criteria. Note: The 6 4A teams that have the highest average score will be placed as shown. Teams seeded below 6 can be placed in a regional based on geography, missed school time or other special needs.

**4A INDIVIDUAL QUALIFYING**

The top three (3) individuals on event each from each regional, not on a state qualifying team plus the top nine (9) individuals on each event regardless of regional (not on a state qualifying team) will qualify for the state tournament (3 groups of 6 individuals – 18 total)

**4A TEAM QUALIFYING**

Nine (9) teams will qualify to compete at the state championships. The top team score in each regional plus the next six (6) best team scores regardless of regional shall qualify for state.

**CLASS 4A TEAMS (1 – 1590)**(16 teams listed alphabetical)

Alamosa – 596	Elizabeth – 676	Loveland – 1631
Bear Creek – 1560	Evergreen – 1117	Niwot – 1204
Buena Vista – 291	Ft. Morgan – 907	Pueblo Central – 790
Canon City – 1076	Green Mountain – 1106	Rampart – 1689
Denver South – 1600	Lone Star – 29	Standley Lake – 1363
		Thomas Jefferson – 1082

**VI. CLASS 5A TEAMS (1698 – up)**

A. 5A Qualifying Standard

Regionals will be seeded on Wednesday, October 30<sup>th</sup> (4<sup>th</sup> Wednesday in October) by a seeding committee made up of members of the Gymnastics Committee. The seeding criteria will be as follows:

Average of the 3 highest team scores submitted to CHSAA through Saturday October 26<sup>th</sup> (third Saturday in October) will be used for placement in the following rotation:

Host	TBA	TBA	TBA
	1 <sup>st</sup> highest average	2 <sup>nd</sup> highest average	3 <sup>rd</sup> highest average
	6 <sup>th</sup> highest average	5 <sup>th</sup> highest average	4 <sup>th</sup> highest average
	7 <sup>th</sup> highest average	8 <sup>th</sup> highest average	9 <sup>th</sup> highest average
	12 <sup>th</sup> highest average	11 <sup>th</sup> highest average	10 <sup>th</sup> highest average
	13 <sup>th</sup> highest average	14 <sup>th</sup> highest average	15 <sup>th</sup> highest average
	18 <sup>th</sup> highest average	17 <sup>th</sup> highest average	16 <sup>th</sup> highest average
	19 <sup>th</sup> highest average	20 <sup>th</sup> highest average	21 <sup>st</sup> highest average
	24 <sup>th</sup> highest average	23 <sup>rd</sup> highest average	22 <sup>nd</sup> highest average
	25 <sup>th</sup> highest average	26 <sup>th</sup> highest average	27 <sup>th</sup> highest average
	30 <sup>th</sup> highest average	29 <sup>th</sup> highest average	28 <sup>th</sup> highest average.
	31 <sup>st</sup> highest average	32 <sup>nd</sup> highest average	33 <sup>rd</sup> highest average
	36 <sup>th</sup> highest average	35 <sup>th</sup> highest average	34 <sup>th</sup> highest average
	37 <sup>th</sup> highest average		

Note: The 16 5A teams that have the highest average score will be placed as seeded above. Teams seeded below 16 can be placed in a regional based on geography, missed school time or other special needs. The top 6 4A schools will be seeded with the 5A schools based on the average of their 3 highest scores submitted to CHSAA. 4A Teams seeded below 6 can be placed in a regional based on geography, missed school time or other special needs.

**REGIONAL HOSTS: TBD**

All regionals will be on Friday & Saturday November 1 & 2, 2019.

**CLASS 5A TEAMS (1591 – up)** (16 teams listed alphabetical)

Arvada West – 1750	Denver East – 2644	Palmer Ridge – 1185 (u)
Broomfield – 1591 (u)	Heritage – 1712	Pomona – 1432(u)
Chatfield – 1770	Lakewood – 2120	Ponderosa – 1349 (u)
Cherry Creek – 3654	Mountain Range – 1989	Rock Canyon – 2220
Columbine – 1698	Overland – 2375	Rocky Mountain – 1970
		Thornton – 1699
		u=play-up

**5A INDIVIDUAL QUALIFYING**

The top two (2) individuals on each event from each regional, not on a state qualifying team plus the top six (6) individuals on each event regardless of regional (not on a state qualifying team) will qualify for the state tournament (2 groups of 6 Individuals per event – 12 total).

**5A TEAM QUALIFYING**

Ten (10) teams will qualify to compete at the state championships. The top team score in each regional plus the next 7 best team scores regardless of regional shall qualify for state.

**VII. 4A STATE MEET:**

Friday afternoon competition begins at 4:00 pm. with the top nine (9) teams and three (3) groups of individuals competing for team honors, all-around championships and for the top 15 spots to qualify for individual finals. This is to be done in a 12-team rotation, four events at a time. Finals will feature all events at one time starting at 1:30 p.m. on Saturday.

**VIII. 5A STATE MEET:**

Thursday afternoon competition begins at 4:00 pm with the top ten (10) teams and two (2) groups of individuals competing for team honors, all-around championships, and for the top 15 spots to qualify for individual finals. This is to be done in a 12-team rotation, four events at a time. Finals will feature all events at one time starting at 1:30 p.m. on Saturday.

**IX. STATE ASSOCIATION ADOPTION OF NF PLAYING RULES:**

Block Style of Competition

Tie Breaker System

Only 6 team members may compete regardless of how many qualify

**X. INFORMATIONAL ITEMS:**

1. All teams must submit a team roster to the CHSAA Office by September 15. Any individual must compete in a minimum of five meets during the regular season to be eligible to compete in the regional and state meets. Waivers for injuries and other issues can be filed with the Assistant Commissioner in charge of gymnastics.
2. The coaches and judges association will schedule several off-season meetings to discuss scoring and other items as a means to better communication.
3. All regionals shall use the same computer scoring system.
4. The 16<sup>th</sup> qualifier in each event (4A and 5A) will warm-up for finals in the event of an injury to a top 15 athlete.
5. Competitors Scores, per rule 3-2-1. The CHSAA has determined that no more than 6 per event shall count toward team scores. Those 6 competitors shall be identified prior to competition.
6. Coaches are responsible for entering all regular season gymnastics meet scores on CHSAANow. The site will be monitored to ensure all scores are posted.

**XI. COMMITTEE MEMBERS:**

Stacey Folmar, Elizabeth; Maxine Ehrmann, Thornton (adv.); Lisa Fisher, Ponderosa; Phil Sailas; Tracey Boychuk, Pomona; Josh Trahan, Palmer Ridge; Chanel Chavez, Chatfield; Erik Melgoza, Alamosa