

**ADMINISTRATIVE PROPOSALS**  
(Requires majority vote of those voting)

**ADM 15 - SUNDAY CONTACT OUT OF THE SEASON**

**(BOARD OF DIRECTORS)**

AMEND THE CONSTITUTION AND BYLAWS to read:

Page 90

Amend Bylaw 2310.5 to read:

\_\_\_\_\_  
Yes            no

---

**2310. PRACTICE**

---

2310.5 SUNDAY CONTACT -- No high school interscholastic contests, practices for interscholastic contests, camps, nor association between participants and coaches/directors of any CHSAA sanctioned **sport** activity from the student's school shall take place on Sundays ~~at any time~~ during the **sports competitive season** school year. ~~(This is to include both in-season and out-of-season sports/activities other than those noted in the Music Bylaws.)~~ The Commissioner may, when deemed advisable, allow postponed state-level events to be played on Sunday. Teams playing on Monday in district, regional or in a state-culminating event will be exempt from this rule. **Note: Penalty for Violation, see Section 2420.**

EXCEPTION 1 – A coach may have contact with his or her team on Sunday for a social, academic or service related activity that is strictly voluntary. The contact must be a voluntary, non-competitive/non-participatory activity.

EXCEPTION 2 – Teams may participate and represent their schools, in or out of the season, with coach/directors in attendance, on a Sunday in national events sponsored by the NFHS (National Federation of High Schools).

**Q1: May a volleyball and track athlete have contact on a Sunday in the Fall for track practice with their track coach? May this same athlete have contact in the Fall for track practice if their track coach is also their volleyball coach?**

**A2: Yes, this Sunday in the Fall is out of season for Track. Yes, since the contact is for track only, and track is out of season, this is allowed. Contact with your volleyball/track coach on a Sunday in the Fall for volleyball practice would not be allowed.**

RATIONALE: Allows for coaches to have contact with their athletes in a specific sport outside of that sport season. Helps and encourages schools to obtain and retain coaches. Supports a crossover of the educationally based philosophy.

PROS: High school coaches have the ability to coach their student-athletes on Sundays outside of the competitive season. Can create a revenue stream of high school programs. Addresses the competitive equity gap.

CONS: High school coaches have the ability to coach their student-athletes on Sundays outside of the competitive season.