

## NFHS Calendar Dates – Fall Sports

### Cross Country 2018-2019

NFHS Week 6	Monday – First Practice	August 6	Saturday – First Scrimmage	August 11
NFHS Week 7	Thursday – First Competition	August 16		
NFHS Week 16	Regionals Completed by	October 20		
NFHS Week 17	State Championships	October 27		

### Cross Country 2019-2020

NFHS Week 6	Monday – First Practice	August 12	Saturday – First Scrimmage	August 17
NFHS Week 7	Thursday – First Competition	August 22		
NFHS Week 16	Regionals Completed by	October 19		
NFHS Week 17	State Championships	October 26		

### Field Hockey 2018-2019

NFHS Week 6	Monday – First Practice	August 6	Saturday – First Scrimmage	August 11
NFHS Week 7	Thursday – First Competition	August 16		
NFHS Week 16	Wed – Regular Season Ends	October 17	Friday/Sat – Quarterfinals	Oct. 19-20
NFHS Week 17	Tuesday – Semifinals	October 23	Thursday – Finals	October 25

### Field Hockey 2019-2020

NFHS Week 6	Monday – First Practice	August 12	Saturday – First Scrimmage	August 17
NFHS Week 7	Thursday – First Competition	August 22		
NFHS Week 16	Wed – Regular Season Ends	October 19	Friday/Sat – Quarterfinals	Oct. 23-24
NFHS Week 17	Tuesday – Semifinals	October 29	Thursday – Finals	October 31

### Football 2018-2019

NFHS Week 6	Monday – First Practice	August 6		
NFHS Week 7	Thursday – First Scrimmage	August 16		
NFHS Week 8	Thursday – First Competition	August 23		
NFHS Week 21	State – A-6, A-8, 1A, 2A	Nov. 24		
NFHS Week 22	State – 3A-5A	Dec. 1		

### Football 2019-2020

NFHS Week 6	Monday – First Practice	August 12		
NFHS Week 7	Thursday – First Scrimmage	August 22		
NFHS Week 8	Thursday – First Competition	August 29		
NFHS Week 21	State – A-6, A-8, 1A, 2A	Nov. 30		
NFHS Week 22	State – 3A-5A	Dec. 7		

**Golf 2018-2019**

NFHS Week 6	Monday – First Practice	August 6	Thursday– First Scrimmage/Contest	August 9
NFHS Week 12	Regionals Completed by	September 21		
NFHS Week 14	State Championships	October 1-2		

**Golf 2019-2020**

NFHS Week 6	Monday – First Practice	August 12	Thursday– First Scrimmage/Contest	August 15
NFHS Week 12	Regionals Completed by	September 27		
NFHS Week 14	State Championships	October 7-8		

**Gymnastics 2018-2019**

NFHS Week 6	Monday – First Practice	August 6	Saturday – First Scrimmage	August 11
NFHS Week 7	Thursday – First Competition	August 16		
NFHS Week 17	Regionals Completed by	October 27		
NFHS Week 18	State Championships	Nov. 1-3		

**Gymnastics 2019-2020**

NFHS Week 6	Monday – First Practice	August 12	Saturday – First Scrimmage	August 17
NFHS Week 7	Thursday – First Competition	August 22		
NFHS Week 17	Regionals Completed by	November 1-2		
NFHS Week 18	State Championships	Nov. 7-9		

**Boys' Soccer 2018-2019**

NFHS Week 6	Monday – First Practice	August 6	Saturday – First Scrimmage	August 11
NFHS Week 7	Thursday – First Competition	August 16		
NFHS Week 16	Sat – Regular Season Ends	October 20		
NFHS Week 19	Semifinals	Varies	Saturday - Finals	Nov. 10

**Boys' Soccer 2019-2020**

NFHS Week 6	Monday – First Practice	August 12	Saturday – First Scrimmage	August 17
NFHS Week 7	Thursday – First Competition	August 22		
NFHS Week 16	Sat – Regular Season Ends	October 26		
NFHS Week 19	Semifinals	Varies	Saturday - Finals	Nov. 16

**Softball 2018-2019**

NFHS Week 6	Monday – First Practice	August 6	Thursday– First Scrimmage/Contest	August 9
NFHS Week 14	Sat – Regular Season Ends	October 6		
NFHS Week 15	Regionals	October 13		
NFHS Week 16	State	October 19-20		

**Softball 2019-2020**

NFHS Week 6	Monday – First Practice	August 12	Thursday– First Scrimmage/Contest	August 15
NFHS Week 14	Sat – Regular Season Ends	October 12		
NFHS Week 15	Regionals	October 19		
NFHS Week 16	State Championship	October 25-26		

**Spirit 2018-2019**

NFHS Week 6	Monday – First Practice	August 6	Saturday – First Scrimmage	August 11
NFHS Week 7	Thursday – First Competition	August 16		
NFHS Week 23	State Championships	December 6-7		

**Spirit 2019-2020**

NFHS Week 6	Monday – First Practice	August 12	Saturday – First Scrimmage	August 17
NFHS Week 7	Thursday – First Competition	August 22		
NFHS Week 23	State Championships	December 13-14		

**Boys' Tennis 2018-2019**

NFHS Week 6	Monday – First Practice	August 6	Thursday– First Scrimmage/Contest	August 9
NFHS Week 13	(5A) Th. – Regular Season Ends	Sept. 27		
NFHS Week 14	Regionals	October 6		
NFHS Week 15	State	October 11-13		

**Boys' Tennis 2019-2020**

NFHS Week 6	Monday – First Practice	August 12	Thursday– First Scrimmage/Contest	August 15
NFHS Week 13	(5A) Fri – Regular Season Ends	October 4		
NFHS Week 14	Regionals	October 12		
NFHS Week 15	State	October 17-19		

**Volleyball 2018-2019**

NFHS Week 6	Monday – First Practice	August 6	Saturday – First Scrimmage	August 11
NFHS Week 7	Thursday – First Competition	August 16		
NFHS Week 16	Sat 1A – Regular Season Ends	October 20		
NFHS Week 17	Sat 2A-5A – Regular Season Ends	October 27		
NFHS Week 17	Districts	October 27		
NFHS Week 18	Regionals	Nov 3		
NFHS Week 19	State – Thursday – Saturday	Nov. 8-10		

**Volleyball 2019-2020**

NFHS Week 6	Monday – First Practice	August 12	Saturday – First Scrimmage	August 17
NFHS Week 7	Thursday – First Competition	August 22		
NFHS Week 16	Sat 1A – Regular Season Ends	October 26		
NFHS Week 17	Sat 2A-5A – Regular Season Ends	Nov 2		
NFHS Week 17	Districts	Nov 2		
NFHS Week 18	Regionals	Nov 9		
NFHS Week 19	State – Thursday – Saturday	Nov. 14-16		

# NFHS Calendar Dates – Winter Sports

## BG Basketball 2018-2019

NFHS Week 20	Monday – First Practice	Nov 12	Saturday – First Scrimmage	November 17
NFHS Week 22	Monday – First Competition	Nov 26		
NFHS Week 33	Sat – Regular Season Ends	Feb. 16		
NFHS Week 34	Districts	Feb. 23		
NFHS Week 36	State	March 7-9		

## BG Basketball 2019-2020

NFHS Week 20	Monday – First Practice	Nov 18	Saturday – First Scrimmage	November 23
NFHS Week 22	Monday – First Competition	Dec 2		
NFHS Week 33	Sat – Regular Season Ends	Feb. 22		
NFHS Week 34	Districts	Feb. 29		
NFHS Week 36	State	March 12-14		

## Ice Hockey 2018-2019

NFHS Week 20	Monday – First Practice	Nov 12	Saturday – First Scrimmage	November 17
NFHS Week 22	Monday – First Competition	Nov 26		
NFHS Week 33	Sat – Regular Season Ends	Feb. 16		
NFHS Week 34	Saturday – Quarterfinals	Feb. 23		
NFHS Week 35	Thursday - Semifinals	Feb. 28		
NFHS Week 36	Tuesday – State Finals	March 5		

## Ice Hockey 2019-2020

NFHS Week 20	Monday – First Practice	Nov 18	Saturday – First Scrimmage	November 23
NFHS Week 22	Monday – First Competition	Dec. 2		
NFHS Week 33	Sat – Regular Season Ends	Feb. 22		
NFHS Week 34	Saturday – Quarterfinals	Feb. 29		
NFHS Week 35	Thursday - Semifinals	March 5		
NFHS Week 36	Tuesday – State Finals	March 10		

## Skiing 2018-2019

NFHS Week 34	Thurs/Friday - State	Feb 21-22		
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## Skiing 2019-2020

NFHS Week 34	Thurs/Friday - State	Feb 27-28		
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## Girls' Swimming 2018-2019

NFHS Week 20	Monday – First Practice	Nov 12	Saturday – First Scrimmage	November 17
NFHS Week 22	Monday – First Competition	Nov 26		
NFHS Week 32	State (Thursday – Saturday)	Feb. 7-9		

### Girls' Swimming 2019-2020

NFHS Week 20	Monday – First Practice	Nov 18	Saturday – First Scrimmage	November 23
NFHS Week 22	Monday – First Competition	Dec. 2		
NFHS Week 32	State (Thursday – Saturday)	Feb. 13-15, 17-18		

### Wrestling 2018-2019

NFHS Week 20	Monday – First Practice	Nov 12	Saturday – First Scrimmage	November 17
NFHS Week 22	Monday – First Competition	Nov 26		
NFHS Week 32	Sat – Regular Season Ends	Feb. 9		
NFHS Week 33	Regionals	Feb. 15-16		
NFHS Week 34	State	Feb. 21-23		

### Wrestling 2019-2020

NFHS Week 20	Monday – First Practice	Nov 18	Saturday – First Scrimmage	November 23
NFHS Week 22	Monday – First Competition	Dec 2		
NFHS Week 31	Sat – Regular Season Ends	Feb. 8		
NFHS Week 32	Regionals	Feb. 14-15		
NFHS Week 33	State	Feb. 20-22		

## NFHS Calendar Dates – Spring Sports

### Baseball 2018-2019

NFHS Week 35	Monday – First Practice	Feb. 25	Saturday – First Scrimmage	March 2
NFHS Week 36	Thursday – First Competition	March 7		
NFHS Week 46	Thursday - 1A State	May 16		
NFHS Week 47	Saturday - 2A State	May 25		
NFHS Week 48	3A-5A State	May 31-June 1		

### Baseball 2019-2020

NFHS Week 35	Monday – First Practice	March 2	Saturday – First Scrimmage	March 7
NFHS Week 36	Thursday – First Competition	March 12		
NFHS Week 46	Thursday - 1A State	May 21		
NFHS Week 47	Saturday - 2A State	May 30		
NFHS Week 48	3A-5A State	June 5-6		

### Girls' Golf 2018-2019

NFHS Week 35	Monday – First Practice	Feb. 25	Thursday– First Scrimmage/Contest	Feb 28
NFHS Week 45	Friday - Regionals	May 10		
NFHS Week 47	State	May 20-21		

### Girls' Golf 2019-2020

NFHS Week 35	Monday – First Practice	March 2	Thursday– First Scrimmage/Contest	March 5
NFHS Week 45	Friday - Regionals	May 8		
NFHS Week 47	State	May 18-19		

### BG Lacrosse 2018-2019

NFHS Week 35	Monday – First Practice	Feb. 25	Saturday – First Scrimmage	March 2
NFHS Week 36	Thursday – First Competition	March 7		
NFHS Week 44	Regular Season Ends	May 4		
NFHS Week 46	Friday - Boys' State	May 17		
NFHS Week 47	Wednesday - Girls' State	May 22		

### BG Lacrosse 2019-2020

NFHS Week 35	Monday – First Practice	March 2	Saturday – First Scrimmage	March 7
NFHS Week 36	Thursday – First Competition	March 12		
NFHS Week 44	Regular Season Ends	May 9		
NFHS Week 46	Friday - Boys' State	May 22 or 23		
NFHS Week 47	Wednesday - Girls' State	May 27		

**Girls' Soccer 2018-2019**

NFHS Week 35	Monday – First Practice	Feb. 25	Saturday – First Scrimmage	March 2
NFHS Week 36	Thursday – First Competition	March 7		
NFHS Week 44	Sat - Regular Season Ends	May 4		
NFHS Week 47	Tuesday - 2A/3A State	May 21		
NFHS Week 47	Wednesday - 4A/5A State	May 22		

**Girls' Soccer 2019-2020**

NFHS Week 35	Monday – First Practice	March 2	Saturday – First Scrimmage	March 7
NFHS Week 36	Thursday – First Competition	March 12		
NFHS Week 44	Sat - Regular Season Ends	May 9		
NFHS Week 47	Tuesday - 2A/3A State	May 26		
NFHS Week 47	Wednesday – 4A/5A State	May 27		

**Boys' Swimming/Diving 2018-2019**

NFHS Week 35	Monday – First Practice	Feb. 25	Saturday – First Scrimmage	March 2
NFHS Week 36	Thursday – First Competition	March 7		
NFHS Week 46	State	May 17-18		

**Boys' Swimming/Diving 2019-2020**

NFHS Week 35	Monday – First Practice	March 2	Saturday – First Scrimmage	March 7
NFHS Week 36	Thursday – First Competition	March 12		
NFHS Week 46	State	May 22-23		

**Girls' Tennis 2018-2019**

NFHS Week 35	Monday – First Practice	Feb. 25	Thursday– First Scrimmage/Contest	Feb 28
NFHS Week 43	(5A) Th – Regular Season Ends	April 25		
NFHS Week 44	Regionals	May 4		
NFHS Week 45	State	May 9-11		

**Girls' Tennis 2019-2020**

NFHS Week 35	Monday – First Practice	March 2	Thursday– First Scrimmage/Contest	March 5
NFHS Week 43	(5A) Th – Regular Season Ends	April 30		
NFHS Week 44	Regionals	May 9		
NFHS Week 45	State	May 15-16		

**BG Track 2018-2019**

NFHS Week 35	Monday – First Practice	Feb. 25	Saturday – First Scrimmage	March 2
NFHS Week 36	Thursday – First Competition	March 7		
NFHS Week 45	Sat - Regular Season Ends	May 11		
NFHS Week 46	State	May 16-18		

**BG Track 2019-2020**

NFHS Week 35	Monday – First Practice	March 2	Saturday – First Scrimmage	March 7
NFHS Week 36	Thursday – First Competition	March 12		
NFHS Week 45	Sat - Regular Season Ends	May 16		
NFHS Week 46	State	May 21-23		