

**2021 GIRLS SWIM AND DIVE STATE CHAMPIONSHIPS @ VMAC  
NEW 3A: Tuesday, March 16<sup>th</sup>**

\*Timeline has been revised from previous versions\*

**SCHEDULE IS TENTATIVE AND SUBJECT TO CHANGE**

<b>Diving</b>	<b>Event 6: 100 Free</b>
6:15 am – Divers arrive & warm-up	1:15 pm – Swimmers arrive & warm-up
7:15 am – Clear pool; meeting with Dive Referee	1:40 pm – Clear pool and move to heating areas
7:30 am – Diving begins	1:45 pm – Heat 1 followed by Heat 2
10:15 am – Awards following the conclusion of last dive & facility cleared <u>by</u> 10:15 am	2:10 pm – Awards immediately following Heat 2 & facility cleared of 100 Free <u>by</u> 2:10 pm
<b>Event 1: 200 Medley Relay</b>	<b>Event 7: 500 Free</b>
10:15 am – Swimmers arrive & warm-up	1:45 pm – Swimmers arrive & warm-up
10:40 am – Clear pool and move to heating areas	2:10 pm - Clear pool and move to heating areas
10:45 am – Heat 1 followed by Heat 2	2:15 pm – Heat 1 followed by Heat 2
11:15 am – Awards immediately following Heat 2 & facility cleared of 200 Medley Relay <u>by</u> 11:15 am	2:40 pm – Awards immediately following Heat 2 & facility cleared of 500 Free <u>by</u> 2:40 pm
<b>Event 2: 200 Free</b>	<b>Event 8: 200 Free Relay</b>
11:15 am – Swimmers arrive & warm-up	2:40 pm – Swimmers arrive & warm-up
11:40 am – Clear pool and move to heating areas	3:05 pm – Clear pool and move to heating areas
11:45 am – Heat 1 followed by Heat 2	3:10 pm – Heat 1 followed by Heat 2
12:10 pm – Awards immediately following Heat 2 & facility cleared of 200 Free <u>by</u> 12:10 pm	3:40 pm – Awards immediately following Heat 2 & facility cleared of 200 Free Relay <u>by</u> 3:40 pm
<b>Event 3: 200 IM</b>	<b>Event 9: 100 Back</b>
11:45 am – Swimmers arrive & warm-up	3:40 pm – Swimmers arrive & warm-up
12:10 pm - Clear pool and move to heating areas	4:00 pm - Clear pool and move to heating areas
12:15 pm – Heat 1 followed by Heat 2	4:05 pm – Heat 1 followed by Heat 2
12:40 pm – Awards immediately following Heat 2 & facility cleared of 200 IM <u>by</u> 12:40 pm	4:30 pm – Awards immediately following Heat 2 & facility cleared of 100 Back <u>by</u> 4:30 pm
<b>Event 4: 50 Free</b>	<b>Event 10: 100 Breast</b>
12:15 pm – Swimmers arrive & warm-up	4:05 pm – Swimmers arrive & warm-up
12:40 pm - Clear pool and move to heating areas	4:25 pm - Clear pool and move to heating areas
12:45 pm – Heat 1 followed by Heat 2	4:30 pm – Heat 1 followed by Heat 2
1:10 pm – Awards immediately following Heat 2 & facility cleared of 50 Free <u>by</u> 1:10 pm	4:55 pm – Awards immediately following Heat 2 & facility cleared of 100 Breast <u>by</u> 4:55 pm
<b>Event 5: 100 Fly</b>	<b>Event 11: 400 Free Relay</b>
12:45 pm – Swimmers arrive & warm-up	4:55 pm – Swimmers arrive & warm-up
1:10 pm - Clear pool and move to heating areas	5:15 pm – Clear pool and move to heating areas
1:15 pm – Heat 1 followed by Heat 2	5:20 pm – Heat 1 followed by Heat 2
1:40 pm – Awards immediately following Heat 2 & facility cleared of 100 Fly <u>by</u> 1:40 pm	Awards immediately following Heat 2 for both event 11 & team

\*Events will not start before scheduled time; however, entry times could be earlier depending on situation.