I. MAJOR CHANGES:

A. Changed 3A scoring to – Run 7, Score 5.

B. Changed 2A scoring to – Run 6, Score 3.

II. RATIONALE:

A. The increase is a move in the right direction to help 3A schools build a better team/program.

B. The increase is a move in the right direction to help 2A schools build a better team/program.

III. FINANCIAL IMPACT:

A. None.

B. None.

IV. DATES:

Criteria for date selection:

Regionals – the **Thursday-Saturday** of the 8th week of the fall competitive season.
State – the 9th Saturday of competitive season.

<table>
<thead>
<tr>
<th>Event</th>
<th>2014 Dates</th>
<th>2015 Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Regional Qualifying</td>
<td>October 16-18</td>
<td>October 15-17</td>
</tr>
<tr>
<td></td>
<td>2014</td>
<td>2015</td>
</tr>
<tr>
<td>State Championship</td>
<td>October 25</td>
<td>October 24</td>
</tr>
</tbody>
</table>
V. QUALIFYING FORMAT AND REGIONAL ASSIGNMENT BY CLASS:

2014 2A Cross Country Regions
(Enrollment – 1-240)

(REGION #1 (11))
Alexander Dawson (209)
Clear Creek (224)
Heritage Christian (70)
Highland (239)
Lyons (221)
Merino (106)
Nederland (185)
Resurrection Christian (216)
*Shining Mountain (80)
Twin Peaks Charter (110)
Yuma (225)

(REGION #3 (13))
Antonito (79)
Centennial (50)
Center (178)
Custer County (135)
Del Norte (138)
John Mall (116)
La Veta (53)
Lake City Community (19)
*Moffat (26)
Rocky Ford (200)
Rye (225)
Sargent (119)
South Baca- Campo (44)/Pritchett (11)/Vilas (25)

(REGION #2 (11))
*Colorado Springs School (104)
Denver Academy (177)
Denver Christian (142)
Denver Waldorf (61)
Ellicott (227)
Evangelical Christian (104)
Front Range Christian (179)
Kiowa (113)
Peyton (217)
Pikes Peak Christian (66)
Wiggins (158)

(REGION #4 (10))
Crested Butte Community (156)
DeBeque (28)
Dolores (208)
Hotchkiss (212)
Mancos (111)
Meeker (190)
Ouray (59)
Paonia (148)
Rangely (117)
*Telluride (214)

* - Indicates school responsible for facilitating selection of regional site, time and director. Regional sites will be alternated on a yearly basis. If a school would like to facilitate the regional meet, contact the school with the asterisk.

Qualifying Procedure – 40% full teams - all athletes who finish in the top 15 places. Full teams must consist of 3-7 members (score “3”). Members of full teams must start and finish race to be included in percentage counts.
V. QUALIFYING FORMAT AND REGIONAL ASSIGNMENT BY CLASS (continued):

2014 3A Cross Country Regions
(Enrollment – 241-600)
(49 Schools)

REGION #1 (11)
Aspen (555)
Basalt (373)
Bayfield (368)
Coal Ridge (547)
Grand Valley (291)
Gunnison (326)
Lake County (292)
Middle Park (331)
Moffat County (504)
*Olathe (351)
Pagosa Springs (395)

REGION #2 (13)
Alamosa (506)
Buena Vista (248)
Centauri (269)
Colorado Springs Christian (280)
Florence (465)
Fountain Valley (244)
James Irwin Charter School (411)
La Junta (367)
Lamar (416)
*Manitou Springs (520)
St. Mary’s (308)
Salida (295)
Vanguard (249)

REGION #3 (13)
Arrupe Jesuit (340)
Colorado Academy (382)
Denver School of Sci. & Tech. (498)
Denver West (576)
*Faith Christian (413)
Kent Denver (465)
Lutheran (329)
Machebeuf (Bishop) (353)
Peak to Peak Charter (596)
Platte Canyon (299)
*Ridgeview Academy (B) (148)
Sheridan (333)
Skyview Academy (195)
The Academy (520)

REGION #4 (12)
Brush (442)
Eaton (502)
Estes Park (333)
Frontier Academy (348)
Jefferson Academy (396)
Liberty Commons (250)
Pinnacle, The (537)
*Platte Valley (333)
Sterling (565)
Strasburg (357)
University (531)
Valley (528)

* - Indicates school responsible for facilitating selection of regional site, time and director. Regional sites will be alternated on a yearly basis. If a school would like to facilitate the regional meet, contact the school with the asterisk.

Qualifying Procedure – Top 5 (five) teams - all athletes who finish in the top 15 places. Full teams must consist of 5 to 9 members (score “5”).
V. QUALIFYING FORMAT AND REGIONAL ASSIGNMENT BY CLASS (continued):

2014 4A Cross Country Regions  
(Enrollment – 601-1410)  
72 Schools

<table>
<thead>
<tr>
<th>REGION #1 (12)</th>
<th>REGION #3 (13)</th>
<th>REGION #5 (11)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alameda International (884)</td>
<td>Centaurus (1017)</td>
<td>Canon City (1019)</td>
</tr>
<tr>
<td>Arvada (905)</td>
<td>Denver North (680)</td>
<td>Cheyenne Mountain (1309)</td>
</tr>
<tr>
<td>Conifer (819)</td>
<td>Denver South (1380)</td>
<td>Mesa Ridge (1330)</td>
</tr>
<tr>
<td>D’Evelyn (642)</td>
<td>Erie (770)</td>
<td>Pueblo Centennial (1251)</td>
</tr>
<tr>
<td>Englewood (611)</td>
<td>Frederick (969)</td>
<td>Pueblo Central (827)</td>
</tr>
<tr>
<td>Golden (1289)</td>
<td>Holy Family (619)</td>
<td>Pueblo County (833)</td>
</tr>
<tr>
<td>Green Mountain (1105)</td>
<td>*John F. Kennedy (1259)</td>
<td>Pueblo East (1030)</td>
</tr>
<tr>
<td>Littleton (1383)</td>
<td>Niwot (1311)</td>
<td>*Pueblo South (1357)</td>
</tr>
<tr>
<td>Mullen (723)</td>
<td>Skyview (780)</td>
<td>Pueblo West (1368)</td>
</tr>
<tr>
<td>*Ponderosa (1161)</td>
<td>Standley Lake (1344)</td>
<td>Widefield (1240)</td>
</tr>
<tr>
<td>Valor Christian (847)</td>
<td>Thomas Jefferson (1075)</td>
<td>Woodland Park (881)</td>
</tr>
<tr>
<td>Wheat Ridge (1307)</td>
<td>Vista Peak (877)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Weld Central (609)</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>REGION #2 (12)</th>
<th>REGION #4 (12)</th>
<th>REGION #6 (12)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Air Academy (1402)</td>
<td>Berthoud (678)</td>
<td>Battle Mountain (794)</td>
</tr>
<tr>
<td>Classical Academy (The) (618)</td>
<td>Fort Morgan (892)</td>
<td>Delta (626)</td>
</tr>
<tr>
<td>Discovery Canyon (1009)</td>
<td>Greeley Central (1407)</td>
<td>Durango (1075)</td>
</tr>
<tr>
<td>Elizabeth (762)</td>
<td>Longmont (1180)</td>
<td>Eagle Valley (711)</td>
</tr>
<tr>
<td>Falcon (1253)</td>
<td>Mead (767)</td>
<td>Evergreen (1009)</td>
</tr>
<tr>
<td>Harrison (815)</td>
<td>*Mountain View (1180)</td>
<td>Glenwood Springs (797)</td>
</tr>
<tr>
<td>Lewis-Palmer (1033)</td>
<td>Northridge (1046)</td>
<td>*Montezuma-Cortez (664)</td>
</tr>
<tr>
<td>Mitchell (1215)</td>
<td>Roosevelt (817)</td>
<td>Montrose (1361)</td>
</tr>
<tr>
<td>Palmer Ridge (1095)</td>
<td>Silver Creek (1129)</td>
<td>Palisade (1053)</td>
</tr>
<tr>
<td>*Sand Creek (1231)</td>
<td>Skyline (1352)</td>
<td>Rifle (720)</td>
</tr>
<tr>
<td>Sierra (877)</td>
<td>Thompson Valley (1238)</td>
<td>Steamboat Springs (645)</td>
</tr>
<tr>
<td>Vista Ridge (1239)</td>
<td>Windsor (1225)</td>
<td>Summit (770)</td>
</tr>
</tbody>
</table>

* Indicates school responsible for facilitating selection of regional site, time and director. Regional sites will be alternated on a yearly basis. If a school would like to facilitate the regional meet, contact the school with the asterisk.

Qualifying Procedure – Top 4 (four) teams - all athletes who finish in the top 15 places. Full teams must consist of 5 to 9 members (score “5”).
V. QUALIFYING FORMAT AND REGIONAL ASSIGNMENT BY CLASS (continued):

2014 5A Cross Country Regions
(Enrollment – 1411-up)
(63 Schools)

<table>
<thead>
<tr>
<th>REGION #1 (13)</th>
<th>REGION #2 (12)</th>
<th>REGION #3 (12)</th>
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</thead>
<tbody>
<tr>
<td>Abraham Lincoln (1517)</td>
<td>Bear Creek (1729)</td>
<td>Boulder (1939)</td>
</tr>
<tr>
<td>Arapahoe (2188)</td>
<td>Central (GJ) (1452)</td>
<td>Fairview (2128)</td>
</tr>
<tr>
<td>Arvada West (1703)</td>
<td>Cherokee Trail (2633)</td>
<td>George Washington (1436)</td>
</tr>
<tr>
<td>Aurora Central (2084)</td>
<td>Cherry Creek (3512)</td>
<td>Greeley West (1518)</td>
</tr>
<tr>
<td>Chatfield (1805)</td>
<td>Dakota Ridge (1545)</td>
<td>Hinkley (1923)</td>
</tr>
<tr>
<td>Columbine (1660)</td>
<td>Denver East (2433)</td>
<td>Lakewood (2091)</td>
</tr>
<tr>
<td>Dakota Ridge (1545)</td>
<td>Eaglecrest (2513)</td>
<td>Legacy (2178)</td>
</tr>
<tr>
<td>Denver East (2433)</td>
<td>Legend (1978)</td>
<td>*Monarch (1624)</td>
</tr>
<tr>
<td>Eaglecrest (2513)</td>
<td>Montbello (2160)</td>
<td>Pomona (1448)</td>
</tr>
<tr>
<td>Legend (1978)</td>
<td>Smoky Hill (2141)</td>
<td>Rangeview (2305)</td>
</tr>
<tr>
<td>*Thornton (1770)</td>
<td>*Heritage (1668)</td>
<td>Ralston Valley (1748)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Regional sites will be</td>
</tr>
<tr>
<td></td>
<td></td>
<td>alternated on a yearly basis.</td>
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<tr>
<td></td>
<td></td>
<td>If a school would like to</td>
</tr>
<tr>
<td></td>
<td></td>
<td>facilitate the regional meet,</td>
</tr>
<tr>
<td></td>
<td></td>
<td>contact the school with the</td>
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<td></td>
<td>asterisk.</td>
</tr>
</tbody>
</table>

**Qualifying Procedure** – Top 5 (five) teams - all athletes who finish in the top 15 places. Full teams must consist of 5 to 9 members (score “5”).

* Indicates school responsible for facilitating selection of regional site, time and director.
VI. **INFORMATIONAL ITEMS:**

   A. Thank you to Cheyenne Mountain High School Coaches, Administrative Staff and community for a successful State Cross Country Championship.

   B. Cheyenne Mountain High School will host the 2014 and the 2015 State Cross Country Championships at Norris Penrose.

   C. A checklist will be developed and published on CHSAA website for schools who are interested in looking to be a state meet site. There will be a sub-committee that will look at three different sites for a future Cross Country Championships. The committee will consist of the Cross Country Chairperson, two additional Cross Country Committee Members, a CHSAA Rules Interpreter, a representative of the Coaches Association and the previous state meet site director.

VII. **COMMITTEE MEMBERS:**

   Dave Hogan, Chairperson, Harrison HS (2nd term, 2014); Kathy Leiding, Lyons HS (2014); Brian Manley, Smoky Hill HS (2015); Tommy Manning, Fountain Valley HS (2014); Matt Norton, Thompson Valley HS (2014); Bernie Pearce, Ouray HS (2016); Christopher Turner, George Washington HS (2015); Kenny Wilcox, Salida HS (2015)